

# Forchlauf 2025

## results

### 7.4km Seniorinnen W45

| rank | name                    | yob | city         | time         | diff | min/km | racenum | Gesamtrang |
|------|-------------------------|-----|--------------|--------------|------|--------|---------|------------|
| 1.   | von Knoch Rebecca       | 76  | Forch        | <b>40:17</b> |      |        | 3833    | 38.        |
| 2.   | Hagne Julia             | 80  | Meilen       | <b>43:22</b> |      |        | 2133    | 59.        |
| 3.   | Bieder-Gemperli Sonya   | 78  | Dübendorf    | <b>43:45</b> |      |        | 3077    | 61.        |
| 4.   | Rietmann-Edwards Cecile | 80  | Zürich       | <b>44:18</b> |      |        | 3648    | 69.        |
| 5.   | Lötscher Nadia          | 80  | Nussbaumen   | <b>46:04</b> |      |        | 714     | 94.        |
| 6.   | Lee Helen               | 77  | Zürich       | <b>47:52</b> |      |        | 3449    | 110.       |
| 7.   | Aydogan-Zierer Neslihan | 80  | Zürich       | <b>51:42</b> |      |        | 3038    | 137.       |
| 8.   | Perkins Rachael         | 78  | Weiningen ZH | <b>58:17</b> |      |        | 3609    | 182.       |

#### DNS

|  |                    |    |              |  |  |  |      |  |
|--|--------------------|----|--------------|--|--|--|------|--|
|  | Marcelli Valentina | 77 | Zollikerberg |  |  |  | 3496 |  |
|  | Zweifel Noemi      | 76 | Zürich       |  |  |  | 3892 |  |

#10 participants